

## NOTTINGHAM CITY COUNCIL

### HEALTH AND WELLBEING BOARD

**MINUTES of the meeting held at Loxley House, Nottingham on 30 September 2015 from 1.37pm - 3.31pm**

#### Membership

##### Voting Members

###### Present

Dr Marcus Bicknell  
Alison Challenger  
Martin Gawith  
Helen Jones  
Councillor Sally Longford  
Alison Michalska  
Dr Hugh Porter  
Dawn Smith  
Dr Ian Trimble (Chair)

###### Absent

Councillor Steve Battlemuch  
Councillor David Mellen  
Councillor Alex Norris  
Vikki Taylor

##### Non-Voting Members

###### Present

Lyn Bacon  
Candida Brudenell  
Ruth Hawkins  
Leslie McDonald  
Lorraine Raynor (substitute)

###### Absent

Mike Manley  
Peter Homa  
Gill Moy  
Jean Sharpe

##### Colleagues, partners and others in attendance:

Alison Ellis	- Nottinghamshire Local Pharmacy Committee
Sue Fielding	- Department for Work and Pensions
Elaine Fox	- Policy Officer
Trevor Illsley	- Bayer
Pete McGavin	- Healthwatch Nottingham
Colin Monckton	- Director of Commissioning, Policy and Insight
Helen Ross	- Insight Specialist, Public Health
Vinay Shankar	- GP Fellow, Nottingham City CCG
Marian Taylor	- Taylored2you
Kate Thompson	- Smokefree Nottingham Coordinator
Steve Thorne	- Communications and Marketing Specialist
Sandy Utton	- Zest for Independence
Dot Veitch	- Partnership Support Officer
John Wilcox	- Insight Specialist, Public Health
Phil Wye	- Governance Officer

**19 APOLOGIES FOR ABSENCE**

Councillor Steve Battlemuch (other business)  
Councillor David Mellen (other business)  
Councillor Alex Norris (other business)  
Simon Smith  
Peter Homa  
Michael Manley  
Chris Packham

**20 DECLARATIONS OF INTEREST**

None

**21 MINUTES**

The Board confirmed the minutes of the meeting held on 29 July 2015 as an accurate record and they were signed by the Chair.

**22 FORWARD PLAN**

The following items were suggested as possible additions to the forward plan:

- a first draft of the Health and Wellbeing Strategy;
- an item on the impact of devolution;
- an item on the impact of migrants to the city.

**RESOLVED to note the forward plan**

**23 HEALTH AND WELLBEING STRATEGY REFRESH UPDATE**

Colin Monckton, Director of Commissioning, Policy and Insight presented the report providing an update on the outcomes of the Health and Wellbeing Board development session held on 24 August 2015, and the engagement and consultation strategy. Colin highlighted the following:

- (a) there has been consensus around an alternative approach for developing the strategy based on outcomes rather than priorities and themes;
- (b) a draft engagement and consultation strategy has been developed, with the aim of engaging with as many citizens, interest groups and front line workers and practitioners as possible;
- (c) three public events are planned at Bulwell Riverside, Clifton Cornerstone and the Council House Ballroom;
- (d) the vision of the strategy must be clear, and suggestions for its title are Nottingham will be a place where we all enjoy Health and Wellbeing, or Healthier and Happier Lives;

The following answers were given in response to questions from members of the Board:

- (e) the Board will decide whether the strategy is given a strong brand. This may be helpful to demonstrate strong ownership of the strategy, but it should not detract from the fact that it belongs to the city;
- (f) some of the venues for the public consultation are quite small, but the majority of consultation will be within existing networks rather than with large numbers of citizens.

**RESOLVED to**

- (1) note the outcome of the initial engagement with the Board members on the development of the refreshed Joint Health and Wellbeing Strategy;**
- (2) endorse the outcomes of the Health and Wellbeing Board development session in regards to the development of the Joint Health and Wellbeing Strategy;**
- (3) note the project plan attached to the report;**
- (4) endorse the draft engagement and consultation strategy and support the delivery of engagement events (in particular the three bespoke public events);**
- (5) support nominated officers in the development of the front-line workforce focus groups.**

**24 ANNUAL REPORT ON THE JOINT STRATEGIC NEEDS ASSESSMENT 2015**

Colin Monckton, Director of Commissioning, Policy and Insight presented the report providing information on the progress and development of the Joint Strategic Needs Assessment (JSNA) for Nottingham City during 2015/16. The JSNA evidence contributes towards improving health and wellbeing and reducing inequalities. Colin highlighted the following:

- (a) 34 chapters of the JSNA are being updated this year. So far, 7 of these have been published, with 24 in progress. It is proposed that children's and adult dental health and child poverty are rolled forward to next year to ensure available capacity;
- (b) a review has been carried out by public health on how well protected groups (e.g. ethnicity, sexual orientation and disability) are considered in the JSNA. The findings were that Nottingham's coverage is broadly average, and so a need has been identified to improve this;
- (c) a summary of the chapters is also being developed which will be a useful tool for future work.

**RESOLVED to**

- (1) note the progress which has been made to ensure the continual refresh and quality improvement of the Joint Strategic Needs Assessment;**
- (2) endorse the proposed plans for further development of the Joint Strategic Needs Assessment.**

**25 TOBACCO CONTROL STRATEGY**

Alison Challenger, Interim Director of Public Health introduced the report presenting the final version of the Tobacco Control Strategy for Nottingham City 2015-2020, which supports the vision of a smokefree generation and a reduction in exposure to second hand smoke.

John Wilcox, Insight Specialist, and Kate Thompson, Smokefree Nottingham Coordinator, then gave a presentation, highlighting the following:

- (a) smoking is still a major issue in Nottingham. Adult smoking is at the same level in Nottingham as it was in the UK as a whole 20 years ago, with 27% of adults being smokers. Smoking is linked to high rates of lung cancer and heart disease, and has a negative impact on pregnant women and children. It also has a wider impact on the city's productivity and environment;
- (b) smoking is also linked to inequality, with it being more prevalent amongst the more deprived wards of the city, as well as amongst migrants, the unemployed, those in social housing and the LGBT community;
- (c) the Tobacco Control Strategy has been developed using analysis of the Joint Strategic Needs Assessment (JSNA). It is a partnership strategy, involving not just the council but a wide range of partners. Consultation has been carried out with Health and Wellbeing Board member organisations, representatives from across the public sector and the voluntary sector;
- (d) the vision of the strategy is to reduce adult smoking to 20% by 2020 and to eventually have a smoke free generation;
- (e) the key priorities of the strategy are:
  - protecting children from the harmful effects of smoking;
  - motivate and assist every smoker to quit;
  - reduce the supply and demand of illegal tobacco;
  - multi-agency partnership working and leadership;
- (f) the council signed the Local Declaration on Tobacco Control a year ago, and is now extending this to local partners to sign, to support at a local level and promote strong partnership working.

The following comments were made by members of the Board:

- (g) close working with the police will be important, especially around areas where smoking is illegal including the new legislation around smoking in a car with a child present;
- (h) the council should approach universities and FE colleges for their support , and possible signing of the Tobacco Community Declaration;
- (i) expertise from other areas which have had successful initiatives to reduce smoking, such as Glasgow, should be researched and used;
- (j) the hard work of the Nottingham University Hospitals NHS Trust is acknowledged. However, the smoke-free hospitals can push staff to smoking offsite which can affect the surrounding areas;
- (k) guidance should be given to members of 3<sup>rd</sup> sector organisations on how they can support and help with the strategy.

**RESOLVED to**

- (1) approve the final version of the Tobacco Control Strategy for Nottingham City 2015-2020, and to take forward the strategy through collective leadership;**
- (2) sign the Nottingham and Nottinghamshire Community Tobacco Control declaration.**

**26 SUSTAINABLE HEALTH AND CARE**

Helen Ross, Insight Specialist, Public Health presented the report updating the Committee on the outcomes of the Nottingham City Health and Wellbeing Board development session for the Sustainable Health and Care Local Plan held on 24 August 2015. Helen highlighted the following:

- (a) sustainable development is about meeting the needs and developing the assets of people and communities now without compromising the ability of others in the future to meet their own needs, and to live a life of comparable quality and value;
- (b) the next step following the development session will be the establishment of a small working group to develop an agreed plan. This will then be consulted with citizens and colleagues;
- (c) sustainable development should be incorporated into the Health and Wellbeing Strategy as a theme, and as part of the consultation with citizens and colleagues;

**RESOLVED to**

- (1) note the outcomes of the session;**
- (2) agree the draft action plan that emerged from the session;**
- (3) establish a small working group to lead on implementation of the Nottingham City Health and Wellbeing Board’s Sustainable Health and Care Local Plan;**
- (4) develop the Health and Wellbeing Strategy using a sustainability lens with the support of One Nottingham’s Green Theme Partnership as a critical friend.**

**27 JOINT HEALTH AND WELLBEING STRATEGY 2 YEAR PROGRESS REPORT - CHAIR AND VICE CHAIR REVIEW**

John Wilcox, Insight Specialist, Public Health presented the report, updating the Committee on the revised RAG ratings on the progress on delivery of strategy actions and outcomes submitted by officers at two years of the Joint Health and Wellbeing Strategy, agreed by the Chair and Vice Chair, along with officer responses.

**RESOLVED to**

- (1) agree the Chair and Vice Chair’s revised RAG rating of delivery of strategy actions and outcomes at 2 years;**
- (2) omit the following actions from future reporting as further scrutiny has demonstrated that they do not provide a meaningful metric for assessing progress on strategy delivery:**

<b>Priority</b>	<b>Action</b>
<b>Alcohol Misuse Priority</b>	<b>Secondary outcome – Lower rates of alcohol and attributable crime</b>
	<b>Secondary outcome – Fewer alcohol related deaths</b>
<b>Early Intervention: Improving Mental Health – Improving early years experiences to prevent mental health problems in adulthood</b>	<b>Secondary outcome – the number of children and families affected by behavioural problems will decrease</b>
	<b>Secondary outcome – the number of children going on to develop mental health problems in adulthood will decrease</b>
<b>Early Intervention: Improving Mental Health – Mental Health and Employment</b>	<b>Secondary outcome – Increase the proportion of people living with diagnosed mental health conditions who are in employment</b>

## **28    UPDATES**

### **a        CORPORATE DIRECTOR FOR CHILDREN'S SERVICES**

Alison Michalska, Corporate Director for Children and Adults, gave the following update:

- (a) Helen Jones will be formally fulfilling the statutory role of Director for Adult Social Services, with strategic responsibility and accountability for the planning, commissioning and deliver of social services for all adult client groups and with a leading role in delivering the wider vision for social care and combating social exclusion;
- (b) the new Chairs of the Children's and Adults' Safeguarding Boards, Chris Cook and Malcolm Dillon, have now begun in their new roles and had their first meetings this month;
- (c) during August 2015 there was a regional peer review of thresholds and decision making in Social Care and Early Help, involving colleagues from Leicestershire, Nottinghamshire and Derby City. Peer reviewers felt that the ambition for change is good and that the authority is on the right trajectory;
- (d) there has been a mixed picture regarding GCSE results, with some increases but also some unexpected drops in performance;
- (e) the Self-Harm Awareness and Resource Project (SHARP) team will provide the Self-Harm Pathway commissioned by the Clinical Commissioning Group for the next 3 years;
- (f) an Information Sharing Protocol has been signed with Nottingham Citycare which will make information sharing easier, as it can be a challenge due to data protection.

### **b        DIRECTOR OF ADULT SOCIAL CARE**

Helen Jones, Director of Adult Social Care, gave the following update:

- (a) it has been agreed that Nottinghamshire and Nottingham City will be a part of a pilot scheme to implement recommendations of the 'Transforming Care for People with Learning Disabilities Next Steps' report, to improve care for people with learning disabilities and/or autism and learning disabilities;
- (b) self-help training for over 1000 front-line workers across health and social care, councillors and community navigators has had smoking cessation, trips and falls and social isolation embedded into it, to promote health and wellbeing more effectively in a time of shrinking resources;

- (c) Citycare and the city council have agreed to combine urgent and reablement homecare services under a joint venture agreement, which is a positive step forward in local integration arrangements.

c HEALTHWATCH NOTTINGHAM

Martin Gawith of Healthwatch Nottingham gave the following updates:

- (a) Healthwatch has collected responses from almost 600 young people across the city about their experiences of seeking support for mental health issues. These are being analysed with a view to producing a report before the end of the year;
- (b) a new insight project to explore patients' experiences of mental health crisis services across the city and county is planned, following concerns from people in the county;
- (c) there are concerns around the number of calls to the Healthwatch information line from people needing access to an NHS dentist and the number of negative experiences reported;
- (d) Pete McGavin is the new Chief Executive of Healthwatch Nottingham, replacing Ruth Rigby

d DIRECTOR OF PUBLIC HEALTH

Alison Challenger, Interim Director of Public Health gave the following updates:

- (a) a new law has come into force where cars must be smoke free where children are present;
- (b) Stoptober has had a high number of people signing up in Nottingham. The Stop Smoking service will be promoted alongside this;
- (c) international older peoples day is on 1 October which will be marked with events across the city. Nottingham has developed an older citizens' charter that demonstrates the values and standards that older citizens expect from Nottingham City Council and partner organisations;
- (d) sexual health services in Nottingham are being reprocurd, but the provider has not yet been announced.

e CLINICAL COMMISSIONING GROUP

Dawn Smith, Chief Operating Officer, Nottingham City Clinical Commissioning Group gave the following updates:

- (a) two GP practices in Nottingham have received an overall rating of 'outstanding' following an inspection by the Care Quality Commission. These are the University of Nottingham Health Service and the NEMS Platform One practices;



- (b) a report entitled 'Future in Mind – Promoting, Protecting and Improving our Children and Young People's Mental Health and Wellbeing' considers ways of making it easier for children, young people, parents and carers to access help and support when needed and to improve how children and young peoples' mental health services are organised, commissioned and provided. To meet the requirements of the report, the CCG is required to have specific specialist services in place including a CAMHS eating disorder service and a CAMHS crisis service.